Capacity Building Training of Middle Level Training on Infant and Young Child Feeding Counselling

Institute of Public Health, NHM Ranchi
Brief report

Date: 6-12 June 2016

Participants: 23

National Trainers: Dr. Sangeeta Rani, Dr. B.B. Gupta, Dr. Anita Gupta, Ms. Ulka Jamal

Venue: Institute of Public Health, Ranchi

This was the Second Middle Level Trainers Training courses in Ranchi with National Health Mission Jharkhand. The Second batch comprised of 23 participants from 12 districts of the state. The batch was a mix of doctors, nurses, ANMs and GNMs. First day of the training was visited by Dr. Sunita Katyayan (CCC Member of BPNI & National Trainer of BPNI) who inaugurated the training.

After that the participants were given a pre test form to test their present knowledge status. The course objectives, content and introduction to literature was given by Dr. Sangeeta Rani. The participants were explained that this course will be in two phases; where in the first phase of first three days would be conducted by the national trainers. The remaining four days would be phase two of the training where the participants would be given one session to prepare and conduct the same. A total of four Clinical practices were conducted at Sadar Hospital Ranchi and one Clinical practice was conducted at Aganwadi Centre.

Participants were given real time feedback and were monitored closely by their group leaders who were the national trainers. Participants were encouraged to ask questions and their queries were sorted. The batch was quite enthusiastic and all of them conducted their sessions quite well. Participants shared that this is the first time such a rigorous training has happened and that it has ingrained the counselling skills in them. They also said that the learning would be very useful in their daily work life and now they can help mothers. Some participants shared that till now many times it happened that mothers would come with queries like not having milk and they never were able to give convincing answers, but now they feel empowered that they can help all mothers with feeding difficulties.

At the end of the training, Dr. Beena Sinha (Deputy Director Child Health, NHM) graced the valedictory function. She said that it is important that all the participants take these lessons back with them and try to bring small changes in everyday life, only then we can make a big change. After which she distributed the training tool it to all the participants after which certificate distribution was conducted.

GLIMPSES OF THE TRAINING



Figure 1 Trainer showing positioning through demonstration

Figure 2 Participants filling the pre test before the training



Figure 3 Dr. Beena Sinha (Deputy Director Child Health, NHM with BPNI National trainers at the valedictory function



Figure 3 Particpant making one milk feed during Practice



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S. No Namae Designation Place of Posting District Dr. Zia Ur PHC, Phod bhaga Sahibganj Dr. Digvijay M.O (RBSK CHC Jasidin Deoghar Deoghar Dr. Kuldeo M.O (RBSK CHC Ranka Garhwa) Dr. Wakil Kumar Singh M.O(AYUSH) DJD Godda Godda Dr. Sharat Chandra Sardar M.O(AYUSH) PHC Karaikela W. Singhbhum Dr. Shyam Tiwari M.O(AYUSH) District Hospital, Latehar Latehar Dr. Prabhash PHC Haripur, Jarmundi Dumka Dr. Rakesh M.O(AYUSH) Jarmundi Dumka Dr. Rakesh M.O(AYUSH) CHC, Chaipur Palamau Palamau 9 Meena Kumari Staff Nurse Sadar Hospital Latehar 10 Sumati Kumari Staff Nurse Sadar Hospital Latehar 11 Purnima Beck Staff Nurse Sariabela Kharsarod Kanchan CHC, Ichagarh Saraibela, Kharsarod CHC Maheshpur Pokum Pokum 13 Rahil Meermu Staff Nurse Pokum Pokum 14 Abha Kumari ANM PHC Madhupur Madhupur Sadar Hospital, Dumka Sadar Hospital, Sahibganj Sahibganj Sadar Hospital, Dumka Sadar Hospital, Dumka Sadar Hospital, Dumka Dumka Sadar Hospital, Dumka Sadar Hospital, Dumka Sadar Hospital, Dumka					
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